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**BECKMANN VISUAL PUBLISHING
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AVIATION

CLASSIC AVIATION

A TIGERS TALE: THE TIGER MOTH STORY

Christopher Reeve explains the history of the De Havilland's legendary Tiger Moth in this fantastically entertaining and informative film.

BDV113: 52mins £15.99 (also available on VHS)

***NEW* CLASSIC COCKPITS: FLYING THE DE HAVILLAND VAMPIRE**

Take a walk around and cockpit tour of this fascinating aircraft, before experiencing breathtaking footage of the aircraft in flight. A bonus feature is a look at the Goblin engine that powered the jet fighter.

BDV199: 60mins £14.99

***NEW* CLASSIC COCKPITS: FLYING THE LEGENDARY DC-3**

Probably the world's best known and best loved aircraft. Take a guided tour of the aircraft and its cockpit, before joining the crew on a local training flight where we get to see this fascinating aircraft taxi out, take off and fly a circuit before landing again.

BDV200: 61mins £14.99

***NEW* CLASSIC COCKPITS: FLYING THE PBY CATALINA**

Enjoy this incredible aircraft as it flies against the backdrop of spectacular New Zealand landscape before landing, where we are given a walk around and cockpit tour.

BDV201: 61mins £14.99

HISTORICAL AND COMMERCIAL AVIATION

THE GIANT OF THE SKIES

The comprehensive Channel 4 series offering exclusive access to the story of the construction of the world's biggest and heaviest airliner, told through the people who made it happen.

BDV142 (PAL) or BDV166 (NTSC): 147mins £17.99

FARNBOROUGH ABOVE AND BEYOND

Farnborough - Above & Beyond celebrates 100 years of powered flight and the pioneering spirit which put Britain at the forefront of aviation technology.

BDV160: 152mins £18.99

AN AIRFIELD IN ENGLAND: LASHAM 1942-2006

A unique film outlining the history of the Lasham Airfield from its construction in 1942 throughout the war years to 2006.

BDV177: 63mins £14.99

MILITARY AVIATION

MEMPHIS BELLE - The Untold Story

The story of the Memphis Belle is legendary. One of the first colour histories of WW2 the extraordinary colour footage remains as breathtaking as ever.

BDV022: 104mins £15.99 (also available on VHS)

STRIKE FORCE: MIG29

The film tells the story of the MiG's evolution, from initial brief to the Mikoyan Design Bureau, through design, development, testing, flight trials and deployment.

BDV081: 61mins £16.99

STRIKE FORCE: HARRIER - THE VERTICAL REALITY

The Harrier - the World's best selling combat 'jump jet'. The reality - almost forty years on after the first development aircraft flew, the harrier is still one jump ahead of its rivals.

BDV082: 68mins £16.99

STRIKE FORCE: THE STORY OF SUKHOI

A documentary profiling Russian aircraft designer, Sukhoi, complete with footage of his jets in action.

BDV139: 82mins £16.99

STRIKE FORCE: VULCAN - SPIRIT OF WOODFORD

Experience the grace and beauty of this majestic aircraft from its early years to the current 603's re-build at its birthplace - AVRO, Woodford.

BDV162: 52mins £16.99

STRIKE FORCE: BUCCANEER

Features rare archive footage and exclusive interviews with the people who designed and flew the plane giving a personal insight into the innovations, the testing and service life of this magnificent aircraft.

BDV175: 60mins £16.99

SECRET ALLIED AIRCRAFT OF WWII

At the outset of World War II, US and UK Military Aircraft designs were woefully behind Nazi Germany's technologically superior planes. But the genius and ingenuity of innovators of both sides of the Atlantic closed the gap.

AHV1011: 54mins £9.99

SECRET JAPANESE AIRCRAFT OF WWII

This programme traces the development of the Japanese industry and its famous creations, like the Nakajima KI-43 Oscar and the Mitsubishi A6M Zero.

AHV1012: 54mins £9.99

SECRET RUSSIAN AIRCRAFT OF WWII

History has overlooked the unimaginable hardships Russian Aircraft Designers faced under the paranoid rule of Josef Stalin during World War II. In spite of being arrested and made to work in special prison camps, Soviet Aircraft Designers independently discovered Jet and Rocket Technology.

AHV1014: 54mins £9.99

SECRET SUPERPOWER AIRCRAFT: FIGHTERS

This is the untold story of the Cold War Race to build the perfect fighter plane. We begin with the Soviet rollout of its MiG 25 fighter, a direct response to the inability of earlier MiGs to catch British Reconnaissance Aircraft.

AHV1028: 47mins £9.99

SECRET SUPERPOWER AIRCRAFT: BOMBERS

This is the untold story of the Cold War Race to build the perfect long range Bomber. Using computer graphics and rare archive footage we show the US and Soviet Union race to construct a nuclear-powered Bomber that can fly for years at a time.

AHV1029: 47mins £9.99

SECRET SUPERPOWER AIRCRAFT: SPYPLANES

This is the untold story of the Cold War race for the ultimate spyplane. Our programme opens with the story of "Wild Cherry", the Lockheed Skunkworks project to use Neptune Aircraft flying at 150mph and a unique "SKYHOOK" to retrieve spies dropped inside the Soviet Union and China.

AHV1030: 47mins £9.99

SECRET SUPERPOWER AIRCRAFT: VERTICAL TAKE-OFF

This is the untold story of the Cold War race for vertical take-off and lift aircraft and the amazing projects developed by the Russians, Europeans and the US. The two superpowers harboured a common fear: vulnerability of runways in the event of a surprise enemy attack.

AHV1031: 47mins £9.99

DOCUMENTARY

BIOGRAPHY

DIANA – Story of a Princess

This programme reveals the complicated and often sensational subtext behind the well known news and public appearance footage.

BDV036: 208mins £16.99 (also available on VHS)

CHURCHILL: THE FINEST HOURS

'The Finest Hours' is a tribute to Sir Winston Churchill as he is best remembered: the war leader rallying the British nation in her darkest days after the fall of France.

BDV084: 111mins £16.99 (available in both PAL and NTSC and also on VHS)

CHARLES RENNIE MACKINTOSH: 'A MODERN MAN'

The film traces the story of the renowned Scottish artist and designer whose legacy lives on all around us in his instantly recognisable style.

BDV086: 45mins £16.99 (available in both PAL and NTSC and also on VHS)

CULTURE

BHUTAN: Gross National Happiness in Bhutan

The Kingdom of Bhutan, situated on the southern slopes of the Himalayan Range, is a little known

country despite its full membership of the United Nations since 1971.

BDV64016 50mins £16.99

RAILWAYS AND STEAM ENGINES

THE SÓLLER RAILWAY

This fascinating documentary takes us on the journey from Palma to Sóller and then on to the Port in the tram and, along the way, tells the story of how the railway was built, a story which began over 100 years ago, in 1905.

BDV114: 110mins £17.99

FRED DIBNAH'S ALL STEAMED UP

This all-new DVD is a unique tribute to the magnificent machines which proudly travelled the roads of Britain.

BDV077: 55mins £12.99 (also available on VHS)

THE DARJEELING HIMALAYAN RAILWAY - A Journey to the Rooftop of the World

At the height of the British Raj in the late nineteenth century, Franklin Prestage, Agent of the East Bengal Railway, proposed what many thought was impossible

BDV018: 60mins £19.99 (also available on VHS)

RAILWAYS OF THE ISLE OF MAN

The ultimate railway enthusiasts DVD, this film features superb footage about the only Victorian Railway system in the World which is still in full working order.

BDV167: 73mins £14.99 (also available on VHS)

***NEW* THE GREAT GATHERING (CREWE WORKS SEPTEMBER 2005)**

The official DVD of one of Europe's most prestigious ever railway events. Celebrating more than 150 years of railway locomotive engineering at Crewe Works, the Great Gathering brings together a huge collection of preserved steam locomotives

VFN102: 86mins £13.99

RELIGIONS

THE FACE - JESUS IN ART

Traces the dramatically different ways in which Jesus has been represented in art by people throughout history and around the world. An unprecedented travelogue of art and monuments from the early 3rd century to the present.

BDV073 120mins £19.99

SPIRIT OF TIBET

This film is an authentic portrait of Dilgo Khyentse Rinpoche, one of the primary teachers of the Dalai Lama - poet, scholar, mediator and considered the "Master of Masters".

BDV131: 47mins £14.99 (also available on VHS)

THE HEART SUTRA

In this programme, the 14th Dalai Lama discusses and explains the Sutra in its original form which is relatively unknown.

BDV126: 63mins £15.99

SCIENCE

THE COMPLETE COSMOS: THE SOLAR SYSTEM

Takes a look at the Sun, the planets including Earth and our Moon, plus the realm of comets.

BDV001: 120mins £15.99

THE COMPLETE COSMOS: DISCOVERY INTO DEEP SPACE

Takes a look at space exploration, the Hubble Telescope, the Big Bang theory and black holes.

BDV002: 120mins £15.99

COMPLETE COSMOS 2 DVD BOXED SET

The Complete Cosmos box set is an encyclopaedia of space and astronomy on DVD, exploring the Solar System, our Milky Way and the Universe beyond. From the big bang and the formation of the planets to black holes and the farthest quasars, the film tells a crisp, intelligent and highly visual story uninterrupted by interviews or on-screen hosts.

BDV003: 250mins (2 discs) £24.99

EXTREME WEATHER EXPERIENCE

Join insane storm chasers and watch unbelievable lightning displays and the destructive damage of tornadoes and hurricanes right up close in surround sound.

BDV030: 70mins £12.99

WILDLIFE

EAGLE ISLAND: A YEAR ON THE ISLE OF MULL

Gordon Buchanan's hauntingly beautiful wildlife film made for BBC's Natural World.

BDV143: 50mins £14.99

THE LIONS ARE FREE

The true sequel to 'Born Free'. The Lions in the film 'Born Free' became world famous. But after the filming what became of them?

BDV144: 54mins £12.99 (also available on VHS)

CHRISTIAN: THE LION AT WORLD'S END

The amazing true story of a zoo-born lion cub who began his life in the pet department of Harrods and returned to Africa to lead his own pride.

BDV145: 87mins £12.99 (also available on VHS)

ECHOES OF CAMUSFEARNA

This film featuring haunting images of Camusfearna and Skye tells their story and contains previously unseen footage of Gavin Maxwell with the otters.

BDV146: 90mins £10.99 (also available on VHS)

MEERKAT MANOR SERIES ONE

The Daily Drama Of A 12-Inch Family That's A Lot Like Yours.

Meet the Whiskers, a remarkable family of meerkats living on the edge of Africa's Kalahari Desert that share all the love, squabbling, self-sacrifice and rivalry found in any family.

DEMDVD007: 300mins (4 discs) £29.99

MEERKAT MANOR SERIES TWO

The Daily Drama Of A 12-Inch Family That's A Lot Like Yours.

Catch up with the world's favourite masked mammals as they battle for survival in the scorching Kalahari Desert.

DEMDVD004: 300mins (4 discs) £29.99

MEERKAT MANOR SERIES ONE AND TWO BOXSET

The Daily Drama Of A 12-Inch Family That's A Lot Like Yours.

Includes Series One and Two of our favourite meerkats in the Kalahari Desert.

DEMDVD004: 300mins (8 discs) £49.99

FISHING

COARSE FISHING

THE PRIMEVAL PIKE

Join Andy Nicholson as he explores the history, folklore and biology of the mysterious fish with the aid of special guests Alwyne Wheeler and Max Cottis.

BDV090: 105mins £16.99 (also available on VHS)

THE CATFISH EXPEDITION

Experience all the ups, downs and exhilaration of their hunt across Europe for their elusive quarry, ending in the landing of some massive fish.

BDV091: 80mins £16.99 (also available on VHS)

PRACTICAL GUIDE TO CATCHING SPECIMEN CARP

In this stunning extravaganza of carp fishing the most up to date methods are discussed including bait preparation, rigs, tackle, and the most effective way of finding the correct swims.

BDV100: 82mins £14.99 (also available on VHS)

FISH RIGHT!

How often have you lost a fish, and not really known why? Roy Marlow covers nearly a hundred small and not so small technique improvements which will more than double your catch.

BDV111: 75mins £12.99 (also available on VHS)

COARSE ANGLER'S DIARY

In this great DVD, with our guide Andy Nicholson, we travel first to the West of Ireland where our main quarry is tench and bream...although some rogue pike make life interesting!

BDV117: 70mins £14.99 (also available on VHS)

PIKE FISHING IN IRELAND

Expert pike fisherman Paul Gustafson explains how to locate pike on huge strips of water, along with the most effective tackle and techniques. These include float fishing, trailing and deadbaiting.

BDV176: 100mins £16.99

HOW TO CATCH BIGGER PIKE (Parts 1 & 2)

Paul Gustafson lets you into the secrets of how he consistently finds and catches some of the biggest pike in Britain - many of them up to 35 lbs in weight.

GUDVD5229: 60mins £14.99

HOW TO CATCH RIVER PIKE

This captivating DVD features some of the most exciting close-up shots of Paul Gustafson fishing for and catching river pike in the Dalalven (in Sweden) and the Thames.

GUDVD5868: 60mins £14.99

GAME FISHING

THE GAMEFISHERS YEAR

This 'visual diary of gamefishing' is a superb way of gathering all the necessary information to become a gamefishing expert yourself. DVD extra: Fish recipes.

BDV016: 120mins £16.99 (also available in VHS)

FLY FISHING IN ICELAND

Breathtaking scenery abounds as we watch local fishermen fish for Atlantic salmon, Arctic char and sea trout in the under-fished, un-polluted and bountiful waters.

BDV099: 72mins £16.99

THE OCCASIONAL SALMON

This is Andy Nicholson's classic programme following his attempts at catching big salmon in Cumberland and the Welsh Marshes.

BDV101: 90mins £17.99 (also available in VHS)

Arthur Ransome's ROD & LINE

C4's TV series captured both the spirit and place of Ransome's immortal book with his own original words faithfully spoken by the late Michael Horder, himself a lifelong and passionate angler.

BDV102: 180mins £16.99 (also available in VHS)

PRACTICAL GUIDE TO GAMEFISHING

Shrimp fishing for salmon; Worm fishing for salmon and sea trout; Comparison between salmon and sea trout; Spin and spoon fishing; grayling, Charr; Nymph fishing for rainbow trout.

BDV103: 112mins £17.99 (also available in VHS)

THE ENIGMATIC SEA TROUT

Filmed exclusively on the beautiful and prolific River Dovey, this film entertains and informs and addresses the very issues that threaten the survival of this the most capricious of our gamefish.

BDV104: 110mins £17.99 (also available in VHS)

THE GAME FLY

Andy Nicholson ties flies with expert James Waltham and then sees if they will catch fish. They will teach you to tie flies yourself and catch great specimens.

BDV110: 100mins £17.99 (also available in VHS)

FALKUS ON FLY CASTING

"Whatever species you're fishing for," says Hugh, "the angler who cannot Spey cast can never realise his full potential".

BDV112: 55mins £16.99 (also available in VHS)

THE GAME ANGLER'S SEASON

Join us as we journey through a "Game Angler's Season". Beautifully shot amid wonderful scenery, this film truly has something for every game angler.

BDV116: 80mins £16.99 (also available in VHS)

MATCH FISHING

***NEW* ON THE BANK WITH DAVE HARRELL: Part One – Wagglers & Pole**

Dave gives us a masterclass on the waggler, a method he has made almost his own, then goes on to prove his adaptability with a superb pole fishing demonstration.

DHP001: 60mins £12.99

***NEW* ON THE BANK WITH DAVE HARRELL: Part Two – Feeder, Waggler & Stick**

Selecting the correct tackle, bait presentation and feeding the swim are covered in detail and Dave soon has the fish coming thick and fast! For anyone who wants to understand and learn about fishing flowing water this DVD is a must.

DHP002: 60mins £12.99

***NEW* MATCH FISHING MASTERCLASS: Carp on Pole & Feeder**

Darren Cox puts together impressive catches of carp from two different pools, firstly on the feeder and then on the pole. This film is a 'must see' for anyone who wants to learn how to catch big weights of carp from commercial fisheries. Even experienced anglers can't fail to learn more!

DHP003: 60mins £12.99

***NEW* MATCH FISHING MASTERCLASS: Pole 'N' Pellets/Method Feeder**

The rigs, the gear and the correct feeding patterns are all discussed in great detail as Dave Harrell puts together two very impressive spring catches!

DHP004: 60mins £12.99

***NEW* ON THE BANK WITH ANDY FINDLAY: Part One – The Feeder/The Method Feeder**

Fin demonstrates the basics of feeder fishing. He progresses to the Method feeder and continues to plunder carp after carp, while explaining the ins and outs of this devastating tactic, from the right tackle to correct bait preparation.

DHP005: 60mins £12.99

***NEW* ON THE BANK WITH ANDY FINDLAY: Part Two – Sweetcorn/Fin's Secret Weapon**

Fin demonstrates how to get the best out of one of the most simple and underrated of baits – sweetcorn. He demonstrates the ins and outs of this ultra-cheap yet ultra-effective bait that has helped him to countless match wins over the years. He then reveals his secret weapon – sloppy paste. If you think you know how to catch carp on paste, prepare to think again.

DHP006: 60mins £12.99

***NEW* ON THE BANK WITH JAN PORTER: My Way With Carp**

In part one, David Hall catches up with long time pal Jan, float fishing in the margins with surprising results. In part two, Jan talks about the phenomena that is carp baits, boilies and paste in particular. Part three centers on PVA sticks where Jan shows us how to get the best out of this devastating method.

DHP007: 90mins £12.99

***NEW* ON THE BANK WITH DAVE HARRELL: River Fishing Tactics (Part One)**

We set Dave a challenge on a swim he has never seen before, on the River Severn at Seed Green in Worcestershire. How will he cope and will he choose the right approach for the five hours that are available to him?

DHP008: 60mins £12.99

***NEW* ON THE BANK WITH DEREK 'THE DON' RITCHIE: Get It On With The Don!**

Welcome to the mad world of 'The Don'. We catch up with one of carp fishing's biggest personalities at the Mavor Larford complex in Worcestershire and are introduced to the variety of methods that have made Derek one of the UK's most consistently successful carp anglers.

DHP009: 60mins £12.99

NEW ON THE BANK WITH DAVE HARRELL: River Fishing Tactics (Part Two)

There was a time when feeder fishing was regarded as a 'chuck it and chance it' method, but nowadays it has become a refined style that requires a degree of finesse. David Hall joins Dave Harrell to discuss how to use the method when conditions are far from perfect.

DHP010: 60mins £12.99

NEW ON THE BANK WITH ANDY FINDLAY: Pellets, Feeder And Pole

We first caught up with the match fishing phenomenon Andy Findlay at the famous Glebe complex in the spring. It goes without saying that he all but emptied it. But what about the winter? Do his methods still work when the water temperature drops and the fish are less lively?

DHP011: 60mins £12.99

NEW ON THE BANK WITH ANDY FINDLAY: Andy's Secret Secret

If you want to win more than your fair share of winter catches, you have to watch this film. Devastatingly simple and incredibly effective, Andy's 'Secret Secret' will revolutionise your approach to legering on commercial fisheries.

DHP012: 60mins £12.99

NEW MATCH FISHING MASTERCLASS: Commercial Fishery Tactics (No. 1)

Match Fishing editor Dave Harrell met up with Jon Arthur at Tunnel Barn Farm Fishery on a typical canalised lake to find out what is needed to keep bites coming in the colder months of the year. **DHP013: 60mins £12.99**

SEA FISHING

THE COMPLETE GUIDE TO OFFSHORE BOAT FISHING

In this comprehensive DVD, expert Bob Cox tells you all you need to know to get away and experience the unbeatable elation of a day's fishing offshore.

BDV105: 60mins £12.99 (also available in VHS)

HEALTH AND FITNESS

ALTERNATIVE THERAPIES

MEDITATION FOR EVERYONE

'Meditation For Everyone' brings out the best of yourself in a busy world. A great programme suitable for anyone, that can help you feel more relaxed and confident in your day-to-day life.

BDV043: 63mins £14.99 (also available in VHS)

ESSENTIAL SELF-MASSAGE

This programme introduces you to the ancient Chinese art of using finger pressure or acupressure. Following the model of meridians, or pathways of energy, acupressure is similar to acupuncture.

BDV046: 62mins £16.99 (also available in VHS)

INNOVATIVE PROFESSIONAL MASSAGE

Expand your professional knowledge by exploring truly innovative massage techniques. It is a fact that the effects of Arif's massage last for several days.

BDV047: 58mins £24.99 (also available in VHS)

SPIRITUAL REALITY - The Ultimate Guide to Meditation

Spiritual Reality - The Ultimate Guide to Meditation is an enlightening DVD on meditation and meditative experiences. Includes stunning visual images.

BDV079: 60mins £16.99

ALTERNATIVE MEDICINE: ACUPUNCTURE, HERBS, HEALING

The definitive BBC Series produced in conjunction with The Open University, which sets out to prove the effectiveness of the three different healing methods.

BDV169: 156mins £16.99

CHILD DEVELOPMENT AND ENTERTAINMENT

BABY IT'S YOU

The first three years of child development are the fastest, most complex and difficult for parents to understand. Filmed from the child's prospective.

BDV087: 168mins £16.99 (also available in VHS)

KIDS DO YOGA TOO

Filmed on the beaches and in the rainforests of Australia this programme shows how lifelong good habits of posture and relaxation can be introduced to children.

HOW2007: 35mins £14.99 (also available in VHS)

THE SINGING KETTLE: TOYTOWN

A non-stop fun-packed singalong adventure! Cilla as a doll, Artie as a soldier, Gary as a spaceman and Kevin as a cowboy have arrived in Toytown dressed for the occasion.

However, there's work to do to get everything ready for the arrival of the Mayor.

GUDVD6638: 60mins £9.99

THE SINGING KETTLE: JUNGLE PARTY

This amazing adventure unfolds to the beat of the Jungle Drums, with Cilla, Artie, Gary and Kevin at the Jungle Party.

GUDVD6639: 68mins £9.99

THE SINGING KETTLE: HOMEMADE BAND

Rattle those spoons, bang that pan and sing along with the band! Bonzo the fluffy puppy has buried all the kettles in his garden. See how Cilla, Artie, Gary and Jane find them by playing along with Bonzo's favourite songs.

GUDVD6640: 71mins £9.99

THE SINGING KETTLE: SILLY CIRCUS

See Cilla the Ringmaster, Artie the Clown, Gary the Strongman and Jane as the Human Cannonball performing an assortment of Silly Circus thrills and spills. Aided by the King of the Silly Circus, Louie the Lion.

GUDVD6641: 71mins £9.99

THE SINGING KETTLE: JUNGLE PARTY/HOME BAND DOUBLE DVD

Two episodes of the great kids show are here: 'Jungle Party', which sees Gary wrestling with a crocodile, and 'Homemade Band', which sees the group making their own instruments.

AHV1002: 128mins (2 discs) £14.99

THE SINGING KETTLE: SILLY CIRCUS/TOY TOWN DOUBLE DVD

Two episodes of the great kids show are here: 'Silly Circus' and Toy Town.

AHV1003: 128mins (2 discs) £14.99

T'AI CHI

INFINITE T'AI CHI - with Jason Chan

Expert guidance takes you step by step through the form and the techniques of breathing and element movement. Get relaxing relief for joint pain, migraine and back pain and more.
BDV017: 55mins £14.99

THE CHI-KUNG WAY TO HEALTH AND VITALITY with Ronnie Robinson

Tai Chi Chi Kung is easy to learn and effective as an aid to stress reduction and relaxation.
BDV061: 105mins £16.99

T'AI CHI SHORT FORM - with Ronnie Robinson

After over 20 years of teaching Ronnie Robinson has, in this DVD, carefully created a practical tool for learning at home.
BDV062: 96mins £16.99

T'AI CHI FOR SENIORS - Self-Healing Through Movement

Tai Chi practitioners live longer have a more healthy life and their health potential increases dramatically. Other exercises dissipate your energy while Tai Chi increases it!
BDV089: 59mins £15.99

T'AI CHI FOR HEALING - Tai Chi Instruction and Chi gung Healing

It has long been known in China that the internal energy generated by Tai Chi is good for one's health and can be used for martial arts purposes.
BDV095: 58mins £15.99

QI-NETICS - Yoga Chi Fusion, Workouts for Busy People

Power your life force and awaken your Chi with this brilliant value 3-in-one DVD featuring Lydia Wong's 3 releases in her Awaken The Flow series.
BDV106: 120mins £19.99

UNDERSTANDING T'AI CHI-CH'UAN - with Gerda Geddes

T'ai Chi Ch'uan is an ancient Chinese movement ritual and the gentleness of its movements make it beneficial for both young and old alike.
BDV107: 50mins £16.99

YOGA

YOGA FOR PREGNANCY & CHILDBIRTH

Yoga for Pregnancy and Childbirth takes women through a series of Yoga exercises and relaxation techniques. User-friendly, accessible and effective.
BDV055: 68mins £14.99 (also available in VHS)

YOGA FOR POSTNATAL VITALITY

New baby, new you: with every baby born, so is a new mother. The practice of yoga helps harness the fluctuating feelings and challenges of new motherhood.
BDV070: 90mins £14.99

YOGA FOR THE CHANGE

'Yoga for the Change' has been devised by Wendy Teasdill for women approaching and going through the menopause.
BDV071: 90mins £14.99

RUTH WHITE'S COMPLETE YOGA POSTURES

Compile your own personal practice to suit your own ability. Yoga for all, from the complete beginner to the more adept.

RWD21: 90mins £15.99

HERITAGE

BRITISH HERITAGE

FRED DIBNAH'S - UPS AND DOWNS OF CHIMNEYS

Watch in awe as Fred demolishes the towering brick built chimneys of Britain's industrial past. Enjoy the wit and wisdom of one of Britain's most colourful characters.

BDV076: 57mins £12.99 (also available on VHS)

FRED DIBNAH'S - ALL STEAMED UP

Fred Dibnah is famous for his great restoration work with England's great Steam Engines. This all-new DVD is a unique tribute to the magnificent machines which proudly travelled the roads of Britain.

BDV077: 55mins £12.99 (also available on VHS)

***NEW* LANDSCAPE MYSTERIES: In Search of Irish Gold / Figures In The Chalk**

In Search Of Irish Gold sees presenter Aubrey Manning travel to Ireland in search of a Celtic Eldorado, a secret source of Bronze Age Gold, buried more than 3,000 years ago. Figures In The Chalk sees Aubrey travel to the Chalk Hills of England to unravel the origins of the enigmatic chalk figures such as the Long Man of Wilmington and the Cerne Abbas Giant in Dorset.

DEMDVD056: 60mins £9.99

***NEW* LANDSCAPE MYSTERIES: Britain Before The Ice / Secrets of the Flood**

In 'Britain Before The Ice' Aubrey travels to the Gower Peninsula in South Wales, where, in 1823 the skeleton of a young man who had died 29,000 years ago was found. 'Secrets Of The Flood' sees Aubrey travel to the Solent, off the coast of England. It's known that people once lived in a landscape that is now covered by sea, but how did this area become flooded?

DEMDVD057: 60mins £9.99

***NEW* LANDSCAPE MYSTERIES: The Tower People of Shetland / The Abandoned Marsh**

'The Tower People Of Shetland' sees Aubrey travel to Shetland in a search for clues to the identity of the ancient people who once lived in the mysterious Broch Towers. A trip to the bleak Romney Marsh is next for Aubrey where he searches for clues to a haunting and empty landscape in which humans once thrived and then mysteriously deserted.

DEMDVD058: 60mins £9.99

***NEW* LANDSCAPE MYSTERIES: Riddle of the Yorkshire Tracks / The Terraces of Avalon**

Aubrey ventures to the bleak and dangerous North Yorkshire coastline for his next adventure, to embark on an investigation into a forgotten story of Britain's industrial past. Along the steep sides of the Glastonbury Tor there's a distinctive pattern of regular stepped terraces, but their origin is a mystery. In this programme Aubrey travels to Glastonbury to investigate 'The Terraces Of Avalon'.

DEMDVD059: 60mins £9.99

MANX HERITAGE

NEW THE WAY OF THE GULL

Popular TV traveller David Bean treks the spectacular 100 mile coastal path of the Isle of Man. This fascinating film reveals a rich and complex heritage encompassing Neolithic stone circles; Viking settlements; Celtic crosses and ancient chapels; fishing ports and harbours; Victorian trams and trains and the unique Laxey Wheel.

BDV179: 52mins £14.99 (also available on VHS)

LAND OF MANN

Melvyn Bragg, the well-known television and radio personality, explores the many facets of this outstandingly beautiful Island, starting back in prehistoric times.

BDV180: 52mins £14.99 (also available on VHS)

WORLD HERITAGE

THE TREASURES OF ST PETERSBURG AND THE HERMITAGE

St Petersburg - the extraordinary beauty of its architecture and canals, its complex and volatile history, its fantastic cultural treasures, all combine to provide the subject of a riveting documentary.

BDV057: 72mins £14.99 (available in both PAL or NTSC and also on VHS)

THE TREASURES OF ATHENS AND OLYMPIA

This 'thoughtful three-part series' narrated by Tim Marlow. It is shot in some of the most spectacular sites, galleries and museums of Athens.

BDV069: 72mins £14.99 (available in both PAL or NTSC and also on VHS)

HISTORY

BRITISH HISTORY

THE BOOK OF KELLS

This great gospel of Colum Cille was described in 1006 as the chief treasure of the western world. Created on the Hebridean I sland of Iona thirteen centuries ago.

BDV098: 58mins £12.99

IRISH LIGHTHOUSES

In a land whose roots are so entrenched by mythical legends of the past, it is no surprise that Irelands lighthouses, located in some of the most unspoilt and picturesque places, are surrounded by tales of danger, heroism, romance and mystery.

BDV171: 100mins £14.99

THE FIRST BLACK BRITONS

'The First Black Britons' is an epic and defining historical journey: from slavery to heroes of the grand imperial age and a struggle for equality.

BDV172: 60mins £14.99

NEW MAKE MINE A PINT – THE HISTORY OF BEER

Previously unreleased archive footage from the Beaulieu Museum, this is a collection of three glorious black & white archive films made shortly after the end of the Second World War, which celebrates the essence of real ale and growing of its ingredients.

BDV206 75MINS £9.99

THE DIARY OF JACK THE RIPPER

After more than a century, out of the mists and fogs of Victorian London, come the actual words of the most notorious murderer of all time: terrifying, chilling, and true!

ID5499: 78mins £12.99

WORLD HISTORY

THE KNIGHTS TEMPLAR

Research, re-enactment and graphics tell the incredible story of the Templars from their formation in Jerusalem in 1118.

BDV019: 104mins £15.99

PIRATES

This definitive documentary series, filmed on location around the world, brings to life through superb dramatic reconstructions, the stories of the most famous Pirates in history.

BDV088: 200mins £16.99

VIKINGS – WARRIORS FROM THE SEA

The legend of the Vikings is brought to life in a dramatic and gripping programme set in the tenth century and based around the island of Karmoy off the western coast of Norway.

BDV097: 50mins £14.99

THE EXECUTIONERS

This programme examines the history of the five principal methods: Hanging, Firing Squad, Electric Chair, Gas Chamber and Lethal Injection, and the reasons behind their development have often been as shocking as the results, from corporate wars to so-called 'religious' sensibilities.

ALB001: 160mins 2 discs £17.99

LEISURE

AERIAL BRITAIN

A fantastic collection of TWELVE superb AERIAL BRITAIN films offering a unique, bird's eye view of the British landscape. Each DVD comprises of not only stunning aerial photography, but a fascinating narrative explaining the history and traditions of each area.

AERIAL BRITAIN: The Pembrokeshire Coast Path

BDV148: 60mins £12.99

AERIAL BRITAIN: The West Highland Way

BDV149: 60mins £12.99

AERIAL BRITAIN: The Great British Coastline

BDV150: 60mins £12.99

AERIAL BRITAIN: Saxon Shore Way and South Downs Way

BDV151: 60mins £12.99

AERIAL BRITAIN: Bristol and Bath and the Rural Surrounds

BDV152: 60mins £12.99

AERIAL BRITAIN: The Coast To Coast Walk
BDV153: 60mins £12.99

AERIAL BRITAIN: The Norfolk Coast Path and Norfolk Broads
BDV154: 60mins £12.99

AERIAL BRITAIN: Manchester and the Rural Surrounds
BDV155: 60mins £12.99

AERIAL BRITAIN: Oxford and the Rural Surrounds
BDV156: 60mins £12.99

AERIAL BRITAIN: Northumberland Coast and Cleveland Way
BDV157: 60mins £12.99

AERIAL BRITAIN: The South West Coast Path
BDV158: 60mins £12.99

AERIAL BRITAIN: The Pennine Way
BDV159: 60mins £12.99

ART AND PAINTING

A BRUSH WITH ART

The Complete Watercolour Course. Enjoy the relaxation, pleasure and sense of fulfilment that watercolour painting brings on holiday, in retirement or simply as a weekend hobby.

BDV039: 300mins (3 discs) £21.99 (also available on VHS)

THE FACE - JESUS IN ART

Traces the dramatically different ways in which Jesus has been represented in art by people throughout history and around the world.

BDV073: 120mins £19.99

CHARLES RENNIE MACKINTOSH - "A MODERN MAN"

His legacy lives on all around us in his instantly recognisable style. This is the story of the man, his life and his work.

BDV086: 45mins £16.99 (available in both PAL or NTSC and also on VHS)

CRAWSHAW'S WATERCOLOUR CRUISE

Combining travel with painting, Alwyn takes us on a fabulous cruise on board the 'Saga Rose', an elegant ship built for Cunard in the 1960s.

BDV119: 192mins (2 discs) £19.99

***NEW* ART OF THE HEIST**

Investigating the most high profile art thefts of the 20th and 21st Centuries 'Art of the Heist' fits together the pieces of the crime jigsaw and studies the masterpieces coveted by criminals.

BDV193: 840mins (4 discs) £29.99

***NEW* CRAWSHAW'S SKETCHING AND DRAWING COURSE**

Follow Alwyn's step-by-step guide to the techniques and materials needed for successful sketching and drawing. Also features June Crawshaw.

BDV203: 250mins (2 discs) £19.99

CRAWSHAW PAINTS OILS

Alwyn Crawshaw introduces and demonstrates the techniques and equipment needed for successful oil painting.

BDV185: 194mins (2 discs) £19.99

CREATING A PORTRAIT IN PASTEL

In this instructive and helpful DVD, Gwenneth Barth demonstrates her mastery of the classical pastel portrait from life and, sharing many useful tips and insights along the way.

GBW100: 68mins £17.99

CINEMA

CINÉMA VÉRITÉ

CINÉMA VÉRITÉ or DIRECT CINEMA was the revolution of the 1950s and 60s, driven by film makers who wanted to show life as it really was - raw, gritty and dramatic.

BDV010: 105mins £15.99

COOKERY

RACHEL'S FAVOURITE FOODS (series 1)

Rachel suggests menus for the different kinds of meals that people who are interested in cooking have to prepare: a quick but stylish midweek dinner party; including Sunday brunch.

BDV220: 325mins (3 discs) £24.99

RACHEL'S FAVOURITE FOOD FOR FRIENDS (series 2)

Rachel's Favorite Food For Friends is about food for entertaining. Entertaining at home should be great fun, not just for the guests, but also for the hosts.

BDV221: 325mins (3 discs) £24.99

RACHEL'S FAVOURITE FOOD AT HOME (series 3)

Rachel suggests menus for the different kinds of meals that people who are interested in cooking have to prepare: a quick but stylish midweek dinner party.

RFF3: 325mins (3 discs) £24.99

DANCE

HOW TO JIVE

The ultimate party dance is LeRoc modern jive and this programme makes it so easy to learn. Modern Jive can be danced to a wide range of music from jazz, swing, blues, rock'n'roll and disco.

BDV033: 52mins £14.99 (also available in VHS)

FONTEYN & NUREYEV: THE PERFECT PARTNERSHIP

Peter Batty's acclaimed film covers the most sensational story in Ballet which is stranger than fiction - an establishment English ballerina's unlikely teaming with a young Russian defector.

BDV006: 100mins £15.99 (also available in VHS)

ENTERTAINMENT

SIR NORMAN WISDOM - Live on Stage

"Live on Stage" captures the essence of the King of the Clowns - a mixture of pathos and side-splitting comedy - for you to watch again and again.

BDV041: 57mins £14.99 (also available in VHS)

GARDENS AND GARDENING

HEAVEN WITH THE GATES OPEN

A unique personal guide to Exbury Gardens, one of the world's greatest gardens, by owner and filmmaker Nicholas de Rothschild.

BDV014: 110mins £16.99

***NEW* THE QUEEN'S GARDEN**

A critically acclaimed and enthralling study of the wildlife of Buckingham Palace Gardens, narrated by Virginia McKenna.

BDV168: 52mins £12.99

ROSES with Peter Seabrook

Peter Seabrook, with the help of Anne Swithinbank, explores the beauty of Britain's favourite flower in all its types and colours.

HOW2001: 60mins £12.99

TREES, SHRUBS AND FLOWERING PLANTS with Peter Seabrook

This two hour DVD is jam-packed with down-to-earth gardening information and advice based on the experience and expertise of Peter Seabrook.

HOW2002: 120mins £12.99

HOUSEPLANTS with Peter Seabrook

A Guide to Choosing, Care, Preparation and Propagation.

HOW2003: 90mins £12.99

STARTING FROM SCRATCH with Peter Seabrook

Designing, Preparing and Planting a New Garden and Renovating a Derelict Garden.

HOW2004: 120mins £12.99

THEATRECRAFT

STAGECRAFT

This unique 2 DVD set includes a wealth of information covering all aspects of the art of stagecraft. Each disc is divided up into easy-to-access segments.

BDV056: 258mins (2 discs) £17.99

TRAVEL

UNPACKAGED SARDINA

BBC Language presenters Elisabetta Riva and Ernesto Tomasini (Talk Italian and Make Italian Your Business) show what Italy's most desirable but least known island has to offer. (Includes a 60 page Booklet)

BDV040: 85mins £16.99

MARTIAL ARTS

CHIN-NA

ANALYSIS OF SHAOLIN CHIN-NA

This great DVD features fast and powerful joint locks so you can control any opponent. These are great as a martial art in their own sense, but are especially effective if learnt to compliment another martial art.

DO231: 90mins £29.95 (also available in VHS)

CHIN-NA IN DEPTH with Dr.Yang, Jwing-Ming

This three DVD series gives you all you need to know and in great depth about the seizing art of Kung Fu for all martial styles. This extensive 12-course set provides all the information and tuition needed for you to be able to control and incapacitate an opponent with as little as your finger!

CHIN-NA IN DEPTH (Volume 1 Courses 1-4)

DVD001/602: 117mins £39.95

CHIN-NA IN DEPTH (Volume 2 Courses 5-8)

DVD004/610: 140mins £39.95

CHIN-NA IN DEPTH (Volume 3 Courses 9-12)

DVD005/629: 150mins £39.95

KARATE

KARATE MASTER CLASS SERIES

Wado Ryu is unique in that it is primarily a Japanese "Budo" system. ("Budo" lit. "Martial Way") this means that it can trace it's lineage and traditions back to the sophisticated physical and philosophical methods of the Japanese warrior caste, the Samurai, and the schools ("Ryu") that came out of that tradition.

BEGINNING WADO RYU KARATE

BDV063: 139mins £19.99

ADVANCED WADO RYU KARATE

BDV064: 101mins £19.99

MASTERING WADO RYU KARATE

BDV065: 115mins £19.99

DYNAMIC ESSENTIALS OF KARATE with Chris Thompson

Demonstration of important techniques, shown at full speed and in slow motion and from different angles.

BDV067: 36mins £16.99 (also available on VHS)

FURTHER ESSENTIALS OF KARATE

Demonstrates techniques for both the beginner and the more advanced student.

BDV068: 61mins £16.99 (also available on VHS)

KARATE FOR CONFIDENCE

Particularly aimed at youngsters, it is hoped that it will build up confidence for all youngsters who are often intimidated by other children, either in the classroom or in the playground.

BDV078: 65mins £16.99

SHUKUKAI KARATE SERIES

These 3 volumes cover the Shukokai grading syllabus of Samurai Europe, the complete series will take you from Beginner through to Black Belt. The wealth of information on these DVD's is of benefit to all Shukokai Stylists.

SHUKUKAI KARATE (Volume 1: Beginner to Orange Belt)

SKD1: 50mins £19.99

SHUKUKAI KARATE (Volume 2: Green Belt to Purple Belt)

SKD2: 65mins £19.99

SHUKUKAI KARATE (Volume 3: Brown Belt to Black Belt)

SKD3: 100mins £19.99

JAPANESE MASTERS OF KARATE

The power, speed and dedication of the Japanese Masters of the deadly art is displayed in this DVD, bringing together for the first time the worlds' top masters from the main styles of Shotokan, Wado-Ryu, Gojo-Ryu and Shito-Ryu / Shukokai.

JMD1 55mins £19.99 (also available on VHS)

KARATE RULEBREAKERS

In full contact Karate the rules require opponents to demonstrate control and precision rather than the terrifying power of a karate blow. In this programme men and women show what happens when things go wrong with more than 200 fouls and knockdowns.

KRD1 57mins £19.99 (also available on VHS)

HEROES AND LEGENDS OF BRITISH KARATE

A truly unique DVD dedicated to our own champions and instructors. A tribute to around 30 outstanding contributors to British Karate, including archive footage from the late 60's.

HLD1 60mins £19.99

THE KASE WAY, BEGINNING SHOTOKAN KARATE (Volume 1: White to Purple Belt)

This DVD is essential for anyone taking up the Shotokan karate system. Detailed descriptions of all the stances, basic attacking, blocking and kicking techniques for each level are clearly demonstrated.

BSD1 150mins £19.99

KUNG-FU

SHAOLIN WHITE CRANE GONG FU BASIC TRAINING

This comprehensive DVD features two courses on White Crane Gong Fu by the world renowned Dr Yang, Jwing-Ming. It covers everything from the history of the art right through the techniques and Qigong.

DVD006/599 150mins £37.95

SHAOLIN LONG FIST KUNG FU BASIC SEQUENCES

These hundred-year-old sequences have been practiced and trained in martial arts institutes, and now you can practice them in your own home. This essential DVD contains 4 hours of teaching by Dr. Yang, Jwing-Ming.

DVD007/661 240mins £37.95

CHINESE MASTERS OF KUNG FU

Developed into many styles, some of the top Chinese Masters of Kung Fu explain and demonstrate the awesome skill, speed and power of this ancient Martial Art.

KFD1 75mins £19.99 (also available on VHS)

NINJITSU

NINJA: THE WARRIOR ART OF NINJITSU

Many myths and legends have grown up around this fascinating art, but among them there is a truth that prevails. Brian McCarthy gives you an insight into the real world of the Ninja and their place in the 21st Century.

NJD1 50mins £19.99 (also available on VHS)

21ST CENTURY NINJA: The Art of the Shadow Warrior

'21st Century Ninja' will lead you through traditional techniques and real-life adaptations that show realistic and devastating self-protection scenes.

NJD1 50mins £19.99 (also available on VHS)

QIGONG

WHITE CRANE HARD AND SOFT QIGONG

This DVD provides all you need to know about the root of Okinawan Karate and White Crane Kung Fu, the White Crane Qigong. Dr Yang, Jwing-Ming takes you through muscle strengthening and tone-building exercises that will improve your physique, build Qi in the limbs and enable you to better perform Kung Fu.

DVD003/637 190mins £37.95

OTHER MARTIAL ARTS

A to Z OF MARTIAL ARTS

For anyone who has ever pondered the difference between Kung Fu and Ju Jitsu, Taekwondo and Aikido, this action packed DVD gives the answers.

BDV007: 60mins £12.99 (also available on VHS)

COMPLETE GUIDE TO THE WORLD OF MARTIAL ARTS

From Thai Boxing to T'ai Chi, Ju Jitsu to Judo, Kung Fu to Kendo, Jeet Kune Do to Tae Kwon Do, Traditional Karate to Freestyle Karate, this package gives you everything you want to know and see about "The World of Martial Arts".

CGD1: 130mins £19.99 (also available on VHS)

WINNER'S EDGE: Training To Win In The Martial Arts

Kevin Brewerton takes you through preparation and training in the gym - physically and mentally - that is the essential ingredient in the making of a true champion.

KBD1: 46mins £19.99 (also available on VHS)

THE LAST RESORT with Tony Agostini

'The Last Resort' includes weapon assessment by category, construction, range, angles of attack and positions of delivery, disarming techniques against knives, screwdrivers, baseball bats, bottles and guns, dealing with attacks in confined spaces, disarming techniques from sitting position, street fighting techniques, disabling techniques and hostage situations.

LRD1: 75mins £19.99

THE WAY OF THE ANIMAL

World All Styles Karate Champion Alfie Lewis has developed his own unique style of combat, combining the very best from these Martial Arts disciplines. His concept of Freestyle Karate has touched the imagination of competitors around the world.

ALD1: 50mins £19.99 (also available on VHS)

THE POWER AND THE DESTRUCTION OF THE MARTIAL ARTS (Volume 1)

Of all the aspects of Martial Arts, the most dramatic and controversial are the extreme powers demonstrated in Martial Arts and action films. Many people believe these apparently impossible physical feats and immense destructive forces are tricks and fantasy. Yet these feats are possible in the real world.

PDD1: 58mins £19.99 (also available on VHS)

THE POWER AND THE DESTRUCTION OF THE MARTIAL ARTS (Volume 2)

See record breaking demonstrations of strength and destruction such as the body pierced with needles and smashed by sledgehammers. Watch, wonder and try to understand as Geoff Capes introduces us to the awesome powers of strength, speed and endurance that make the unbelievable possible and asks what are the limits?

PDD2: 58mins £19.99 (also available on VHS)

MOTORING

BIKES

THE MARQUE OF A LEGEND – BIKES

A tribute to the men and machines who sought to push the limits of technology and performance in the quest for the ultimate racing motorbike.

BDV093: 56mins £14.99

CARS

TEN OF THE BEST: TOTB

Ten of the Best brings together modern high tech/high spec cars along with high power retro classics, giving all a chance to show their prowess on the day. Entrants come from most of the UK and European car clubs and groups, along with individual entries and invited Tuner cars.

REDLINE TEN OF THE BEST II

A loud and exciting competition between more than one hundred, road-legal cars from every corner of the country. (2003)

TOTB2: 120mins £14.99

REDLINE TEN OF THE BEST III

60,000 BHP of cars including 1200 BHP of the Calder Racing Supra, Ron Kidell's 800 BHP R32, RC Development's Evo VI, Keith Cowie's Project Z and Rocket Ron. (2004)

TOTB3: 120mins £14.99

REDLINE TEN OF THE BEST IV

The spectacular competition sees more than a dozen cars hit ten-second quarter miles and three go one better by hitting the nine's, including the UK's first ever nine-second Scooby. (2005)

TOTB4: 120mins £14.99

REDLINE TEN OF THE BEST V

Redline Ten of the Best V was the fastest and most uncompromising event yet, with twenty different cars hitting ten-second quarters. (2006)

BDV173: 117mins (2 discs) £14.99

***NEW* REDLINE TEN OF THE BEST VI**

The sixth, great British modified car competition of the year. Japanese, American and British cars slugged it out in the 1/4 mile drag, the handling circuit and the 1 mile top speed to lay claim to the title of 'The fastest road-legal car in Europe'. (2007)

BDV192 120 mins £19.99

SCOOBY SHOOT OUT

The biggest gathering of Subarus ever in the UK packs into Elvington Aerodrome for a dramatic confrontation.

SSO01: 52mins £11.99

EAST V WEST VOL 1

Up close and personal with the hardest and fastest modified cars from the land of the rising sun. All the best burn outs, blow outs, handling and antics with never-seen-before footage from Ten of the Best II.

EVW1: 120mins £14.99

EAST V WEST VOL 2

Showcasing the Best from the West and the Beasts from the East in all their modified glory. Features Cossies, Vipers, Corvettes, Fiestas, Rovers and Escorts.

EVW2: 120mins £14.99

THE MARQUE OF A LEGEND – CARS

A tribute to the great innovators in sports cars engineering, to their renowned marques and to the legends who drove them. This is the story of man's quest for the ultimate sports car.

BDV092: 52mins £14.99

MUSIC

CLASSICAL MUSIC

PLACIDO DOMINGO with ANGELA GHEORGHIU - Live in Prague

One of the great classic performances - Placido Domingo at the peak of his powers, Diva Angela Gheorghiu at the beginning of her sensational career.

BDV005: 90mins £15.99

W.A. MOZART'S IL SERAGLIO

Peter Ustinov follows his stunning presentation of the 'Magic Flute' with a similarly brilliant version of Mozart's 'The Abduction' from the 'Seraglio'. Ustinov tells the story with the help of the world famous Salzburg Marionette theatre.

BDC2003: 150mins £19.99

JOSE CARRERAS' CHRISTMAS CONCERT

Filmed in the lovely Basilica di S. Ambrogio, Milan, this Christmas Concert featuring Jose Carreras with the Orchestra Sinfonica Dell'Emilia Romagna "Arturo Toscannini".

BDV221881: 60mins £17.99

PIETRO MASCAGNI'S NERONE

Recorded in the Great Thermae at Emperor Adrian's Villa in Rome with Mario Marchesi, Madelyn Monti and Adriana Damato in a defining performance of this work.

BDV230043: 103mins £17.99

SPRINGTIME IN VIENNA

A four DVD series featuring the Vienna Symphonic Orchestra playing classical greats:

Volume 1

The first volume in the series features composers forever linked with Vienna- Schubert, Mozart, Lehar and Strauss.

BDV60001: 90mins £17.99

Volume 2

Offenbach and Stolz. The Vienna Symphonic Orchestra plays classic operettas such as 'Orpheus in the Underworld' and 'Fair Helen', and also marches, waltzes and songs evoking the times of the Moulin Rouge.

BDV60002: 90mins £17.99

Volume 3

Dvorak, Suppe, Strauss, Millocker and Zeller in a thrilling concert featuring the 'Slavonic Dances' and the 'Thunder and Lightning Polka'.

BDV60003: 90mins £17.99

Volume 4

Dedicated exclusively to the 'Waltz King' Johann Strauss. Includes 'Voices of Spring', excerpts from 'The Gypsy Baron', the 'Treasure Waltz' and the 'Emperor Waltz'.

BDV60004: 90mins £17.99

W.A. MOZART'S THE MAGIC FLUTE

This performance of The Magic Flute is a visual and audio feast on the biggest open-air stage in Europe at St. Magarethen with Maxim Mikhailov and Erika Miklosa.

BDC60005: 100mins £14.99

GULDA - PIANO CONCERTOS BY MOZART

World-famous pianist and composer Friedrich Gulda conducts and performs, together with the Munich Philharmonic Orchestra.

BDV60006: 80mins £17.99

GEORGES BIZET'S CARMEN

Malgorzata Walewska's sensual and provocative Carmen make this a hugely enjoyable experience. Includes a fascinating documentary on the life and tragic early death of Bizet.

BDC60011: 80mins £19.99

W.A. MOZART'S DON GIOVANNI

Mozart wrote Don Giovanni on behalf of the city of Prague and conducted the first night on October 29th 1787. On the 200th anniversary of Mozart's death, Charles Mackerras conducted Don Giovanni in the same theatre, which has been restored as the Prague National Theatre.

BDC60012: 153mins £19.99

SMETANA AND GRIEG

Great performances of pieces by Smetana ("The Moldau", "The Bartered Bride") and Grieg ("Peer Gynt Suite") offer up superb examples of the evocation of landscapes with music. Featuring the Czech Philharmonic Orchestra and the Slovene Philharmonic Orchestra, conducted by Libor Pesek with the Ballet of the Slovenic National Theatre.

BDV60014: 90mins £17.99

MARTHA ARGERICH AND FRIENDS

A rare filmed performance of one of the greatest pianists of all times, Martha Argerich, who is almost as well known for her reclusive nature as she is for her exciting performances.

BDV60021: 56mins £17.99

SIR PAUL McCARTNEY - STANDING STONE

Lawrence Foster conducts the Israeli Philharmonic Orchestra in this 75-minute symphonic poem based on a Celtic legend.

BDV60041: 90mins £17.99

GIUSEPPE VERDI'S NABUCCO

A live performance of Verdi's lavish story filmed in the spectacular open air Roman quarry in St. Margarethen. Superb lighting and the atmosphere of one of Europe's biggest open air venues make this an unforgettable DVD.

BDV60044: 105mins £19.99

GIUSEPPE VERDI'S AIDA

Verdi's masterpiece was recorded live for this DVD from St. Margarethen, a huge open air venue that gives great atmosphere to any performance. The light and sound quality is superb and they combine to make this DVD hugely enjoyable to watch again & again.

BDV60045: 80mins £19.99

RICK WAKEMAN - THE CLASSICAL CONNECTION

Rick Wakeman, seven times voted the world's greatest keyboard player, performs a series of outstanding new interpretations of some of his best loved works in this fantastic release.

ID8814: 52mins £15.99

HOUSE, JAZZ AND ROCK

BEATS IN SPACE - TECHNO BREAKS HOUSE

Some of the top names in electronic music lent their works to be mixed for this unique DVD which also contains psychedelic computer animation that accompanies the music.

BDV60028: 70mins £12.99

HERBIE MANN: JAZIL BRAZZ

Herbie Mann, credited as being one of the seminal jazz flautists, is probably best known for the musical odyssey that has taken him around the world. "Jasil Brazz" is a filmed performance of Herbie Mann and his jazz ensemble.

BDV60016: 75mins £17.99

FAIRPORT CONVENTION - Cropredy '98

Filmed at the Fairport's legendary folk-rock festival. Includes: Matty Groves; Woodworm Swing; The Flow; Hiring Fair; John Gaudie; The Bowman's Retreat; Spanish Main; Close to You and of course Meet on the Ledge.

WNRD2087: 110mins £15.99

EMERSON LAKE & PALMER - Welcome Back

A musical biography outlining the birth and rebirth of a Supergroup. In 1991, all three musicians came together to work on a new album.

ID9700: 80mins £15.99

TUITION

MUSIC MAKERS: THE EASY WAY TO LEARN

Jools Holland's acclaimed musical instrument tuition series. Everything you need to know to play the instrument of your choice, including: a basic description of the instrument and its mechanics; an overview of the different styles of music.

GUITAR - with John James. From basics to blues, this is the easy way to learn guitar. John James takes you step by step from how to hold your guitar and tuning it right up to playing your own great sounding chords.

BDV012: 88mins £16.99 (also available in VHS)

SAXOPHONE - with Pete Thomas. Parts and assembly; holding the instrument and finger positions; playing the first notes; breathing and articulation; counting time; tuning.

BDV013: 103mins £16.99 (also available in VHS)

DRUMS - with Geoff Nicholls. Tuning the kit; gripping the sticks; sitting position; hand & foot strokes; varying the tempo and volume; basic beats and reading drums notation.

BDV024: 111mins £16.99 (also available in VHS)

KEYBOARDS - with Matt Clifford. Includes a short history of synthesis; types of waveforms; keyboard technique including single notes; chords; scales and exercises.

BDV025: 96mins £16.99 (also available in VHS)

BASS GUITAR - with Henry Thomas. Body positioning; fingering technique on the fret board and for strumming; rock grip and classical grip; tuning and using an amplifier.

BDV026: 80mins £16.99 (also available in VHS)

VIOLIN - with Ric Sanders. Tuning; bowing technique; reading music notation; playing tunes with open strings; plucking; left hand fingering and scales (D major; G major).

BDV027: 90mins £16.99 (also available in VHS)

FLUTE - with Eddie Parker. Posture and breathing, fingering technique; creating simple tunes; improvising tunes; right hand notes; the pentatonic scale; the second octave; and improvisation including High D.

BDV028: 85mins £16.99 (also available in VHS)

CLARINET - with David Bitelli. Featuring advice on choosing mouthpieces, tonguing, notes and playing simple tunes, breathing, scales, reading music, counting time and more.

BDV029: 97mins £16.99 (also available in VHS)

PIANO - with Simon Callow who teaches you all the basics to progress in playing the piano.

BDV074: 75mins £16.99

KEYBOARDS FOR BEGINNERS - with Simon Callow. You will learn all the basic skills in order to play tunes using different musical styles and voices such as jazz & swing.

BDV075: 63mins £16.99

SPORT

CYCLING

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The '89 Tour was, by general consent, the best race for many years.

BDV051: 85mins £14.99 (also available in VHS)

TOUR DE FRANCE 1990

This official DVD captures the exciting, strategic team battles stage by stage, as well as the individual challenges to LeMond's superiority by Delgado, Breukink and the rising star, Chiapucci.

BDV052: 90mins £14.99 (also available in VHS)

TOUR DE FRANCE 1991 - Spanish Victory

All the tensions and excitement of the 1991 Tour. With detailed studies of every stage, this programme tracks every pain-filled kilometre of the drama and triumph of Indurain's victory.

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TOUR DE FRANCE 1992

See Indurain ride the fastest Tour time trial in history. Enjoy the triumph and the tragedy of each stage, including two of the most dramatic mountain stages ever.

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EXTREME SPORTS

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A record-breaking free flight over one of the most challenging terrains in the world demonstrates man's determination to harness the natural elements wins through in a thrilling DVD.

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THE SCIENCE OF SURFING

The giant waves along the Hawaiian coast offer the world's most extreme surfing challenge. This is an uplifting demonstration of how skill and focus can lead to ultimate achievement.

BDV121: 50mins £12.99

THE SCIENCE OF MOUNTAINEERING

This is a gripping account of the struggle to acclimatise, the struggle to navigate in appalling conditions and the final ascent with only three expedition members still climbing.

BDV122: 50mins £12.99

THE SCIENCE OF DIVING

Diving is pushed to its limits in this brilliant, award-winning film. Also featuring World Champion freediver Tanya Streeter. An awe-inspiring DVD.

BDV123: 50mins £12.99

THE SCIENCE OF MOUNTAIN BIKING

Mountain Biking at extreme altitude in the Andes. A celebration of skill, grit and bloody-minded determination.

BDV124: 50mins £12.99

THE SCIENCE OF SAILING

The legendary Sydney to Hobart yacht race crosses one of the most dangerous stretches of water in the world. We follow the fortunes of the 66-foot Grundig, a fast, lightweight racer.

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***NEW* EUROPEAN PRO SURF TOUR 2007**

Featuring the full review of the 2007 European Pro Surf Tour and individual round reports of the season

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The art of going from point A to point B as efficiently and quickly as possible, using principally the abilities of the human body.

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Giants of Brazil captures the genius and exuberance of Brazilian football from Pele in the fifties to Romario in 1994. With stunning displays of attacking football and memorable goals.

BDV008: 58mins £13.99 (also available in VHS)

MARADONA - Victim or Villain?

This amazing production documents the unique career of Diego Maradona, unquestionably one of football's greatest geniuses.

BDV020: 52mins £13.99 (also available in VHS)

WORLDS GREATEST GOALS

Over 140 goals featuring many of the world's legendary players from Charlton to Maradona. With original non-stop action footage from the Official World Cup films.

BDV147: 52mins £13.99 (also available in VHS)

SAILING

THE LAST SAILORS - THE FINAL DAYS OF WORKING SAIL

During a two-year voyage, Neil Hollander and Harald Mertes filmed a vanishing breed of sailors and craft. In this fascinating and evocative programme.

BDV085: 150mins £19.99

TALL SHIPS - SAILING THE WINDJAMMERS

This DVD is the first detailed "on-board" study of some of the world's greatest sailing ships taking part in a Cutty Sark Tall Ships race.

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WAR

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A gripping account of the American civil war, and how democracy was born out of the blood and horror.

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WORLD WAR I & WORLD WAR II

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This is the only authorised version of Churchill's war years, made with his full co-operation and blessing. 'The Finest Hours' is a tribute to Sir Winston Churchill as he is best remembered.

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(available in both PAL or NTSC)

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An extraordinary story of the quest for an ultimate weapon - how scientists and politicians in Germany, Britain, the US and the Soviet Union battled to unleash a terrifying power they did not understand.

BDV109: 100mins £16.99 (also available in VHS)

HITLER: IN HIS OWN WORDS

Using Hitler's very own words, rare archive footage and computer graphics, this stylish and atmospheric 2 hour documentary tells the full story of history's most evil tyrant.

AHV1004: 147mins (2 discs) £17.99

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The Road to Stalingrad: was not only the psychological turning point of WW11; it also changed the face of modern warfare. The Road to Berlin: The Germans had repulsed every Russian attempt to drive across the Oder River to Berlin. During early April, however, Stalin concentrated a tremendous force between Stettin and Breslau in preparation for a final blow against Germany.

AHV1006: 222mins (2 discs) £17.99

BLITZKRIEG

In three short years, nearly all of Europe fell before the horrifying power of Hitler's seemingly unstoppable Blitzkrieg. This three part documentary series follows the relentless vigor of Nazi Germany as it rolled up one terrible victory after another.

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A valuable chronology of the major events, personalities and actions that decided the course of World War II, which helped to shape the World we live in today.

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VICTORY IN EUROPE 8TH MAY 1945

Introduced by Windsor Davies, this DVD features the unique spirit of the occasion, which is recaptured by the unforgettable music of the war years, through the golden memories of those who were there.

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"No Surrender" probes the darkest corners of the Third Reich to tell the story of the Axis suicide squads. Military insiders reveal how the elite suicide teams were devised and how they were subject to an intense power struggle among the German High Command.

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The Algerian War, a truly objective history of the momentous struggle for independence from France by the Algerian people between 1954 and 1962. The prize was a country 10 times the size of Britain, 300 miles wide and stretching 1300 miles from the blue Mediterranean to the harsh desert, forbidding in many ways, but rich in oil, gas and people.

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The Machines and Weapons designed to fight the 'Full On' Heavy Metal Wars of the 20th Century now face a grim challenge, they must adapt or die.

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"Return to Limbang" recreates this forgotten story of heroism under fire through re-enactments and never before seen archive footage, with the breathtaking scenery of the jungles of North Borneo as the backdrop.

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